

6-8 OCTOBER 2025

SEAGULLS WINTER CHAMPIONSHIPS 2025



**DURBAN HIGH SCHOOL
LC POOL**

**255 St Thomas Rd, Musgrave,
Durban, 4001**

Contact: Connor McLeod Cell: 084 579 1992

Seagulls Winter Championships 2025

Seagulls Swimming Club would like to invite join us at our Annual Gala.
The Championships will be held over three days at the Durban High School Aquatic Facility.

Date: 06 – 08 October 2025
Venue: Durban High School, 255 St Thomas Road, Musgrave, Durban
Time: Gala Start: 08h30 Daily
(any changes will be sent out with the gala letter after entries have closed)

Events: The event list can be found at the end of the flyer

Eligible Swimmers: All Levels
Swimmers registered as Level 1 may only enter 50m & 100m events.

Gala Entry Costs:

R100 registration fee per swimmer R30 per individual event

R50 Dash-for-Cash

R60 per 4 x 50m Relay Team R200 per Mixed Mystery Medley Relay Team

Late entry Fee: R50 per individual event; R100 per Relay (*except Mystery Relay*)

Late entries will only be accepted if the swimmer is already entered into the Meet and lanes are available.

Closing Date for entries 22 September 2025.

Entries and proof of payment to be sent to: entries.seagulls@gmail.com

Entries must be accompanied by the full entry fee payment.

Payment to:

Nedbank

a/c name: McLeod Swim School (Pty) Ltd

Westville branch 138026

Cheque a/c 1120772796

Please use your Club name as reference

RULES OF THE MEET

- Only entries from swimmers that have registered with SSA through their provinces will be eligible to swim. Swimmers must be registered with SSA by 08 September 2025.
- Swimmers from outside of KZN must provide a clearance with their entries.
- Please include a hard copy of your entries with the TM file, for both individual & relay entries.
- The age of the swimmers shall be determined as of the 06 October 2025
- The one start rule will apply, and the gala will be run as per World Aquatics, SSA & KZNA rules.
- All events are Timed Finals, except for Dash for Cash which will be in a Round Robin format.
- Swimmers MUST report to the Call Room Supervisor prior to their event(s).
- Objections must be submitted in writing to the Meet Referee together with a fee of R500. Objections should be made within 30 minutes of the results being published. The Meet Referee's decision will be final.
- It is not necessary to scratch, however, scratching will be accepted to accommodate Late Entries

Mixed Relays

- Relay swimmers must be entered into the Meet as individual swimmers
- Names of the swimmers for the Relays must be submitted
- Age Groups – 13/U and 14/O

Mixed 4 x 50 Free Relay:

- Clubs may enter 2 relay Teams; each team must have 2 Boys and 2 girls
- Only the nominated A-Team will score points.
- B-Teams will be awarded medal-pins if they finish in the top 3 placings.
- Swimmers of a younger age group may participate.
- Combined Teams may enter on an unofficial basis.

Mixed 4 x 50 anything but Free relay:

- Clubs may enter 3 relay Teams; each team must have 2 Boys and 2 girls.
- Combined Teams may enter
- Swimmers may swim any stroke other than freestyle/front crawl.
- Swimmers may not change strokes during their 50m swim and must swim within WA rules of their chosen stroke.
- Lets have some fun – winners in each age group will receive a prize

The Mixed Mystery Medley Relay:

- Each club may enter 2 Relay Teams per age Group.
- Each Team must have 2 Boys, 2 Girls per Relay
- Swimmers will select their stroke out of the 'Hat'
- Prize money to both the Swimmers and Coach of the winning Team per age Group

The Dash For Cash:

- Age Groups 13/U and 14/O
- The event will be Swum in a 50m Round Robin format
- Prize Money to the winner of each age group; Male and Female

DISTANCE EVENTS:

- Only the top 18 entry times will be accepted for the 400m IM and Mixed 800m and 1500 Freestyle.
- Swimmers must be 12 years or older to compete in the 800m, 400IM and 200 Fly.
- Swimmers must be 13 years or older to compete in the 1500m.

SCORINGS/AWARDS:

- This gala will be contested on an inter-Club basis.
- Bragging Rights will be awarded to the Club scoring the most points.
- Age Groups for Awards and Points: 9/U, 10/11, 12/13, 14/15, 16/O.
- Results for events with multiple age groups will be given in the age-groups as above.
- The Top 10 swimmers per age group will score. Points are as follows: 10,9,8,7,6,5,4,3,2,1
- Medal-Pins will be awarded to the first 3 Swimmer in each event per age group.
- Prizes will be awarded to the Top Point scorer 13/U and 14/O age Groups – Male and Female

Events	Age Groups for Medal-Pins				
50/100	9/U	10/11	12/13	14/15	16/O
200/400		11/U	12/13	14/15	16/O
800/400IM			12/13	14/15	16/O
200 Fly			12/13	14/15	16/O
1500			13	14/15	16/O

OFFICIALS:

It is the responsibility of each Club entered to ensure all their officials report for Duty. Please submit your Officials with your entries on the form attached.

Please make note KZNA Clubs will be subject to fines for not providing sufficient registered officials.

Club are to please supply Officials as per the following:

- 1- Swimmers entered: min 1 Official
- 6-10 Swimmers entered: min 2 Officials.
- 11-20 Swimmers entered: min 3 Officials.
- 21+ Swimmers entered: min 4 Officials.

GENERAL:

- ❖ Parents are invited to enjoy and early morning Coffee with us.
- ❖ Lunch will be provided for swimmers/Officials and Coaches
- ❖ Participation Gift for all entered Swimmers
- There are stands on one side of the pool and there will be space for Teams to put up gazebos.
- Guards will be on duty for your vehicle safety
- Refreshments and Swim Equipment will be on Sale.
- ❖ Any queries about the gala and/or entries can be directed to Debbie McLeod or Connor McLeod.
- ❖ Debbie email: entries.seagulls@gmail.com
- ❖ Connor Cell: 084 579 1992

We look forward to seeing you!

Yours in swimming

Connor & Debbie McLeod

Event List

MONDAY			TUESDAY			WEDNESDAY		
Event			Event			Event		
M	Open	400 Free	M	Open	200 Fly	M	Open	400 IM
F	Open	400 Free	F	Open	200 Fly	F	Open	400 IM
M	9/U	50 Back	M	9/U	50 Breast	M	9/U	100 Fly
F	9/U	50 Back	F	9/U	50 Breast	F	9/U	100 Fly
M	13/U	50 Back	M	13/U	50 Breast	M	13/U	100 Fly
F	13/U	50 Back	F	13/U	50 Breast	F	13/U	100 Fly
M	14/O	50 Back	M	14/O	50 Breast	M	14/O	100 Fly
F	14/O	50 Back	F	14/O	50 Breast	F	14/O	100 Fly
M	9/U	100 Breast	M	13/U	200 IM	M	13/U	200 Free
F	9/U	100 Breast	F	13/U	200 IM	F	13/U	200 Free
M	13/U	100 Breast	M	14/O	200 IM	M	14/O	200 Free
F	13/U	100 Breast	F	14/O	200 IM	F	14/O	200 Free
M	14/O	100 Breast	M	13/U	Dash for Cash	MX	13/U	Mystery Medley
F	14/O	100 Breast	F	14/O	Dash for Cash	MX	14/O	Mystery Medley
MX	13/U	4 x 50 Fee Relay	M	13/U	Dash for Cash	BREAK		
MX	14/O	4 x 50 Fee Relay	F	14/O	Dash for Cash	M	Open	800 Free
MX	13/U	4 x 50 ABF Relay	BREAK			F	Open	800 Free
MX	14/O	4 x 50 ABF Relay	M	13/U	200 Brst	M	9/U	100 Back
BREAK			F	13/U	200 Brst	F	9/U	100 Back
M	13/U	200 Back	M	14/O	200 Brst	M	13/U	100 Back
F	13/U	200 Back	F	14/O	200 Brst	F	13/U	100 Back
M	14/O	200 Back	M	9/U	100 Free	M	14/O	100 Back
F	14/O	200 Back	F	9/U	100 Free	F	14/O	100 Back
M	Open	1500 Free	M	13/U	100 Free	M	9/U	50 Free
F	Open	1500 Free	F	13/U	100 Free	F	9/U	50 Free
M	9/U	50 Fly	M	14/O	100 Free	M	13/U	50 Free
F	9/U	50 Fly	F	14/O	100 Free	F	13/U	50 Free
M	13/U	50 Fly				M	14/O	50 Free
F	13/U	50 Fly				F	14/O	50 Free
M	14/O	50 Fly						
F	14/O	50 Fly						