KWAZULU NATAL AQUATICS



STRATEGIC PLAN

2018-2022

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KWAZULU-NATAL AQUATICS

STRATEGIC PLAN

2018-2022

Foreword by KZN Aquatics President

Strategic planning in KwaZulu-Natal Aquatics is aligned to the objectives and strategies of the KZN Provincial Department of Sport and Recreation, Swimming South Africa, and KZN Sports Confederation. It is focussed on the three pillars identified in the National Sports and Recreation Plan (2012) as well as the White Paper on Sports 92013). The strategic plan is further developed into short, medium and long term planning.

| | | | | | | | | | | |
|----|----|----|-----|----|------|------|------|------|------|--|
| Pr | es | id | lei | nt | | | | | | |

Official sign-off

It is hereby certified that this Strategic Plan was developed by the Council of KwaZulu-Natal Aquatics under the guidance of the KZNA Executive. The Council is the highest decision making body of the federation and includes the five aquatics disciplines, viz., Swimming, Water Polo, Diving, Artistics Swimming and Open Water Swimming as well as Masters Swimming. It takes into account all the relevant policies, legislation and other mandates for which KwaZulu-Natal Aquatics is responsible. It accurately reflects the strategic outcome oriented goals and objectives which KwaZulu-Natal Aquatics will endeavour to achieve over the period 2018 to 2020.

| Approved by: | | |
|----------------------------------|------------|--|
| [Peter Thompson] President | Signature: | |
| [Rajen Naidoo] Executive Member | Signature: | |

KWAZULU-NATAL AQUATICS STRATEGIC PLAN 2018-2022

Preamble

KZN Aquatics has, over the last several years, involved itself in strategic planning exercises to ensure that it remains an organisation relevant to its membership specifically, and to the community that it serves, generally. These strategic planning exercises have always involved broad consultation with its membership, but also done within the national and provincial frameworks governing sport and recreation.

This document represents our 2020 review of our strategy based on our Vision and Mission. It sets out our specific aims and objectives, together with broad implementation plans to achieve these objectives. All of these are located within the Sport and Recreation South Africa's National Sport and Recreation Plan.

Background to the SRSA National Sports and Recreation Plan (NSRP)

The NSRP developed in 2012, identifies three core pillars for the implementation of the plan. These are:

- An Active Nation
- A Winning Nation
- An Enabling Environment.

These three pillars are underpinned by **transversal issues** and utilizing sport as a tool to achieve **national and global priorities**. Each "pillar" consists of a set of strategic objectives that is intended to be translated in sporting and recreational tasks.

The Active Nation pillar comprises of three strategic objectives, aimed at **recreation**, **school sport** and **participation promotion** campaigns. This pillar clearly aims at establishing and strengthening the mass base for participation, across the different sectors of communities throughout the country. It particularly singles out **school sport** as a key driver for this pillar.

These key strategic objectives are explained below, followed by an implementation plan that outlines, amongst other information, key activities and delivery partners.

National Sport & Recreational Plan

Transversal Issues - cuts across all 3 Pillars

Transformation, Prioritizing Sporting Codes, High Values and Ethical Behaviour, Geo-political Boundaries, Amateur vs. Professional Sport

Pillar 1

Active Nation

3 Strategic Objectives

- Recreation
- School Sport Participation
- Promotion Campaigns

Pillar 2

Winning Nation

5 Strategic Objectives

- Talent Identification and Development;
- Athlete and Coach Support Programme;
- Domestic Competitions;

International Competitions; and

Recognition system

Pillar 3

Enabling Environment

14 Strategic Objectives

- Facilities
- Clubs
- Sport Councils
- Athlete Commissions
- Coaches' Commission
- Admin and Technical Officials' Commission
- · Academy System
- Sports House
- · Sport Info Centre
- Education and Training
- Volunteers
- International Relations
- Financial Resources
- Sport Broadcasting & Sponsorships

National and Global Priorities

The **Winning Nation** pillar ultimately aims for international success through supporting all levels of competitive sport in the country. These include identifying and developing talented athletes, improving performances through the support of athletes and coaches, provision of domestic competition and providing opportunities for international competition, and to recognise stellar performances in sport.

The two critical pillars are supported through the third **Enabling Environment** pillar, which has a broad range of 14 strategic objectives, including the focus on facilities, club structures, structures, education and training programmes for athletes, coaches, technical officials and volunteers. Within this pillar, organisational structures, at local and provincial levels (Sports Councils) are necessary, together with a "Sports House" and "Sports Information Centre" at a national level is intended. Mechanisms to ensure that the sporting environment benefits from strategic international relations, adequate financial resources and sponsorship and strengthening broadcasting are included.

These three pillars within the NSRP are supported by "transversal issues" that are core to social, political and economic functioning of South Africa, borne out of engagement with all stakeholders in the country, and extending beyond the confines of sport and recreation. The five transversal issues are transformation, ethical behaviour, recognised geo-political boundaries and recognition of youth through guidelines on amateur and professional sport. Included within the transversal issues is the consideration of priority sporting codes that are most suited to broadening the participation base or achieving international success.

The NSRP recognises that sport can be used as a tool to achieve certain national and global priorities. These include facilitating tourism, promoting peace, development and social cohesion, ensuring environmental sustainability and building a sports economy. Sport can be used for nation building, and simultaneously for building a healthy nation.

WHAT THE ORGANISATION WILL BE

WHAT THE ORGANISATION WILL DO/ACHIEVE
WHAT THE ORGANISATION WILL WORK WITH (THE TRAGET GROUP)
WHAT WE STRIVE FOR AND WHAT WE WILL BECOME
FOCUS OUR WORK TOWARDS A SHARE FUTURE

Vision of KZN Aquatics

"Every Child a Swimmer"

"Every School a Pool"

To pursue aquatic excellence through universal participation

To pursue aquatic excellence through MASS participation

To pursue aquatic excellence through MAXIMUM participation

Striving FOR aquatic excellence through INCLUSIVE participation

TAKING SWIMMING TO THE PROVINCE WITH ACHIEVING AQUATIC EXCELLENCE

STRIVING FOR AQUATIC EXCELLENCE

Understanding that we have children competent in LTS while striving for excellence

ENSURE THAT SWIMMING IS A LIFE SKILL

Mission of KZN Aquatics

To provide aquatic programs and services to the public and our members that will deliver medal winning performances and ensure every person is a swimmer.

We will strive to achieve this vision through a dynamic democratic, transforming organisation, responsive and accountable to the needs of its constituency and community, which will implement appropriately funded programmes of athletic, technical and capacity development.

We will strive to achieve this vision through a dynamic organisation, responsive for good governance, accountability of all stakeholders providing aquatic excellence

These programmes will strengthen community participation and engage relevant stakeholders, such as SSA, schools and government to ensure an environment supportive of achieving the broadest possible participation and the highest possible aquatic standards.

The Mission of KZN Aquatics can be best described through this pyramidal approach to sport development:

Long Term Athlete Development Plan

Scientific research has concluded that it takes a minimum of 10 years and 10,000 hours of training for a talented athlete to reach elite levels. The KZNA long Term Athlete Development Plan (LTAD) takes this into consideration and highlights 7 stages in the development of a swimmer as depicted in Figure 2. These seven stages start at the introductory level or Active Start and progress to various training stages and culminate in staying active for life and generally cover a period of at least 10 years.

Figure 2: Long Term Athlete Development Plan



Figure 3: Development Pathway for Aquatics depicts the development pathway for swimmers, showing the progression of swimmers from Learn to Swim to Olympics. The pathway is described in a pyramid; with the base of the pyramid showing large numbers focussed on mass participation. As we progress vertically up the pyramid, the level of performance increases with a corresponding decrease in the number of participants.

At the base of the pyramid, is the foundation level of swimming and includes programmes designed to make aquatics fun with the primary purpose being to attract swimmers to the sport. These programmes include Learn to Swim, Rural Splash, Ocean Splash and Learn to Dive.

At the next Level, being the Participation Level, Schools swimming and Club Swimming at District Level are encouraged. Swimmers can then progress from Level 1 to Level 3 through Talent ID and Fast Tracking Programmes.

Local Composition Population

| Resident Composition | Population | Po

Figure 3: Development Pathway for Aquatics

Should we add Water Safety - Should we add LTS - ??

The top of the pyramid shows the Performance and Elite level of swimming. At this level, we include programmes centred around our Provincial youth and senior squads providing a pathway to common wealth, world champs and Olympics.

Values

Teamwork working together to achieve common goals

• Transparency being open and transparent

Volunteerism encouraging and growing volunteerism

Accountability Taking responsibility for actions

Integrity - Doing the right things even when not watched

Legislative mandates

The following sections sets specific constitutional and other legislative, functional and policy mandates of KwaZulu-Natal Aquatics. It focuses on the legislative and other mandates that KwaZulu-Natal Aquatics is directly responsible for implementing, managing or overseeing.

Constitutional mandates

KwaZulu-Natal Aquatics is governed by a constitution that was revised in 2015 to accommodate the amalgamation of the two provincial structures into one provincial federation. KZNA is affiliated to Swimming South Africa, the national federation responsible for aquatics in South Africa, who in turn are affiliated to FINA, the international governing body for aquatics.

Legislative mandates

This section provides an outline of the key responsibilities that various pieces of legislation places on KZNA

Table 1: Outline of legislation applicable to Aquatics as a Sport

| Act | Purpose and Responsibility |
|---|--|
| National Sport and Recreation Act, 1998 (Act No. 110 of 1998 as amended) | The Act provides for the promotion and development of sport and recreation and the co-ordination of the relationships between SRSA and the Sports Confederation, Sports Federations (NFs); Key responsibility placed on KZNA as a result of this Act: To ensure that Aquatics from a provincial perspective is administered and governed in the best interests of all participants and stakeholders in sport and recreation in the province |
| Safety at Sports and Recreational Events Act, 2010 (Act No. 2 of 2010) | Key responsibility placed on KZNA as a result of this Act: To ensure that the safety and security of all spectators and sports participants at events managed by KZNA are adequately nurtured, protected, administered and governed. |
| National Development Plan & Provincial Growth and Development Plan | The Provincial Growth and Development Plan responds to the NDP and sets envisions that by 2030 KwaZulu-Natal as a province will serve as a gateway to Africa, creating a safe and healthy environment. Sport is linked through the goal of Human and Community development. |
| Medium Term Strategic Framework | Comprehensive plan for implementing the National Development Plan – linked to Outcome 14 – Social cohesion |
| MOU - KZNDSR and DoE | Structures – JPTCC and EJPTCC at district and circuit level; Monthly reporting to JPTCC |

Policy mandates

White Paper on Sport and Recreation for the Republic of South Africa

The White Paper emphasises that a focus on sport would be advantageous for the country since this could reap great health, economic, social and international benefits. It is thus imperative that government funding be made available for sport. The White Paper identifies all roles and responsibilities of all stakeholders in sport. The White Paper provides the national policy direction (the "what"), and formed the basis for the development of NSRP, (the "how").

National Sport and Recreation Plan – May 2012

The NSRP is a twenty-year sustainable implementation plan for the sport and recreation policy framework as captured in the White Paper on sport and recreation. It is aligned with the National Development Plan.

The NSRP commences with a background reflecting historically where we come from and some of the significant milestones achieved in establishing a democratic, non-racial sports system for our country. This is followed by a preamble, the process of developing the NSRP and the legal framework regulating the NSRP.

The 3 core pillars of implementation of the NSRP are

- (1) Active nation
- (2) Winning nation; and
- (3) An enabling environment.

These pillars are underpinned by **transversal issues** and by the notion of utilising sport as a tool to achieve **national and global priorities**.

The NSRP also provides clarity on the demarcation of roles and responsibilities of the stakeholders in the sector.

Situational analysis

This situational analysis provides broad information on the performance and broader institutional environment based on the detailed information gathered in the strategic planning process. KZNA's various medium and long term policies and plans are also considered. Business plans and budgets are informed by the key policies and plans of KZNA and provincial government.

Strengths, Weaknesses, Opportunities and Threats (SWOT)

Figure 4 summarises a SWOT analysis of Kwazulu Natal Aquatics that was taken into account in developing the strategic plan for the next 5 years. Some of the strengths, such as having the current Olympic Champion and SA Head Coach will be utilized to develop camps which can attract national and international swimmers and ultimately be a source of funding for the province. The opportunities that have been identified will be exploited, for example swimming being a life skill, will be used in marketing to attract sponsors who see this as a corporate social responsibility. Strategies have also been developed to counter some of weaknesses, e.g. a strategic objective to develop and employ coaches is included in response to the lack of paid coaches weakness. The lack of facilities will be targeted, starting with quantifying the extent of the problem and then working with local government to ensure a master plan is in put into place to plan and implement these facilities.

Figure 4: KZNA SWOT Analysis

Strengths

Top Athletes in Province

Good Adminsitration and Governance

Permanent offices

Clean audits

VVCakiicsscs

Lack of Volunteers

Low spectator support

Communication - break down between

National-Province -District and Club

Registrations Delays -

District weaknesese- Lack of Level 1 Galas

Shallenges with transformation

Transport

Threats

SWOT

Opportunities

Swimming is a Life Skill
Priority Sport
Job creation

Corporate Social Responsiblity
Schools support swimming,
SSA Head Coach, Current Olympic Qualifiers,
Govt and Lottery Funding

shopping malls,
Youth - Want it All Want it Now

Long meets - boring

Competition from Technology and

Entertainemnt - Cell phones, movies,

Closing of Pools. Lack of Facilities

High costsof coaching, equipment, COVID, WEATHER, COST of LIVING, CIVIL UNREST

Technical Maintenace of Facilities

Performance environment

The performance environment section summarises the key issues in the delivery environment, providing important background information on **demand for services** and other factors that have

informed the development of the Aquatics Strategic Plan. It also presents a range of explanatory he

The province of KZN is renowned for producing some of the top swimmers in the country. Olympic medallists in the last 15 years include Penney Heyns, Terence Parkin, Darian Townsend and most recently Chad Le Clos. We are also fortunate to have the National Swimming Coach, Graham Hill based in KZN. Whilst the ultimate goal of the federation is to produce National and International level swimmers, it is also highly focussed on developing new swimmers as well as transforming the sport in the province. Historically the province has produced top swimmers at age group, national and international level competitions. A lack of support of elite level swimmers has resulted in many swimmers leaving the province to undertake studies in other provinces as well as overseas. The historical neglect of infrastructure and professional coaching in the black townships has resulted in very low number of black swimmers at the elite level.

Facilities

In terms of infrastructure, the province is fortunate to have one of only two heated, indoor, Olympic size pools in the country. The indoor pool has been a major benefit in attracting national and international competitions to the province. The pool is however very old and in need of major refurbishment. This situation will however change in the medium term as a number of other provinces are in advanced stages of developing superior indoor heated facilities.

| + | | Number of | Number | Number o |
|---|---------|---------------------|---------------|--------------|
| | Table 2 | 2: Summary of avail | able swimming | pools in KZN |

| District Municipality | Number of Municipal Pools | Municipal of | | Number of School Pools Heated |
|--------------------------|---------------------------------|--------------|----|---|
| Uthukela DM | 8 | 0 | 1 | 0 |
| Ethekwini | 44 | 6 | 63 | 20 |
| UGU | 3 | 0 | 11 | 2 |
| Umgungundlovu | 8 | 1 | 44 | 11 |
| King Cetshwayo | 9 | 0 | 3 | 0 |
| Mzinyathi | 2 | 0 | 1 | 0 |
| Zululand | 1 | 0 | 3 | 0 |
| Umkhanyakude | 1 | 0 | 0 | 0 |
| Amajuba | 5 | 0 | 3 | 0 |
| Harry Gwala | 0 | 0 | 2 | 0 |
| iLembe | 3 | 0 | 3 | 0 |

In the Ethekwini region, there are at least 50 municipal pools, with 6 of the pools being heated. This represents a skewed picture of available facilities in the province as other districts have on average 2 to 10 pools, with Harry Gwala having no operational municipal pools, thus placing a major strain on KZN Aquatics ability to deliver on its strategic mandate throughout the province. This is one of the major factors affecting the demand for services and our ability to respond to this demand

As such, our strategy is to concentrate on maximising the use of existing operational municipal facilities and supplement these by encouraging clubs to enter into MOUs with schools who have swimming pools.

Drownings

Drowning is a second major driver of our mass participation programme. The World Health Organisation reports that drowning is the third leading cause of unintentional injury death worldwide, accounting for 7% of all injury related deaths. Globally, almost 400 000 deaths occur each year as a result of drowning. According to this report, low- and middle-income countries account for 96% of unintentional drowning deaths. Drowning death rates are highest in the WHO African Region, and are more than eight times higher than in Australia or the USA.

These statistics emphasise the extent of the problem in South Africa. According to the National Injury Mortality Surveillance System of the South African Medical Research Council, in the years 2001-2004, 47.6% of all drownings during this period were in children and youth under the age of nineteen. For the same period, 55.5% of these cases occurred in the sea, a river or dam, with the second highest category being private residence, which accounted for 21.4% of all drownings.

Table 3: Drowning Statistics between 2010 and 2012 - Source: Stats SA

| Year | 2010 | 2011 | 2012 |
|-----------------|-------------------|------|------|
| No of Drownings | 1428 ⁱ | 1583 | 1615 |

In 2014 KwaZulu-Natal saw the highest percentage of drowning incidents because of the warm weather enjoyed all year round in the province. The Stats SA mortality figures in Table 3 indicate that in the years 2010 to 2012, an average of 5 drownings occur per day in South Africa. Drowning accounts for 5-6 % of all deaths in South Africa.

2% 4% 15% 2% Eastern Cape 4% 28% 6% Free State 2% 2% Gauteng 28% 1% KwaZulu-Natal 40% Limpopo 1% Mpumalanga 2% North West 6% Northern Cape 2% Western Cape 15% 40%

Figure 5: Drownings across all provinces

Political Environment

National, Provincial and Local government have made sports transformation central to its efforts to achieve social cohesion in the country. Historical neglect in developing swimming facilities in townships has had a major impact on KZNA ability to grow the sport in historically black areas. Local government needs to develop a long term plan to address the construction and refurbishment of pools in townships. KZNA as an organisation will need to ensure that it lobbies municipal councillors to ensure that swimming pool development is afforded its fair allocation of the equitable share of government funding for sports facilities.

Economic Environment

The high cost of swimming coaching coupled with increasing unemployment will affect the ability of parents to pay for these services. The inability of the National Body, Swimming South Africa, to attract sponsorship has had a major impact on swimmers Parents with high performing swimmers, who make national and international teams, are being punished for their children's excellence. These parents have to fork out travel costs ranging between R10, 000 and R30, 000 for their children to represent the country.

Social Environment

The major upheavals and protests from citizens around lack of delivery of services is a major concern and will in future impact on safe access to facilities in townships which are experiencing these service delivery protests.

Technological Environment

The changing technological environment has had a major impact on the attraction of youth to the sport of swimming. Innovations such as iPod's, cell phones computer games and PlayStation gaming have reduced the number of entrants to the sport.

Organisational environment

This section summarises the structure of KwaZulu-Natal Aquatics and how it relates to various sports structures in country. It provides information on the capacity of KwaZulu-Natal Aquatics and other internal factors that have informed the development of the Strategic Plan.

Kwazulu Natal Aquatics is the provincial federation responsible for administering sport in the province of KZN. The organisation is broken down into the 10 districts and 1 metro as demarcated in the provincial geo-political boundaries of the district municipal structures in KZN.

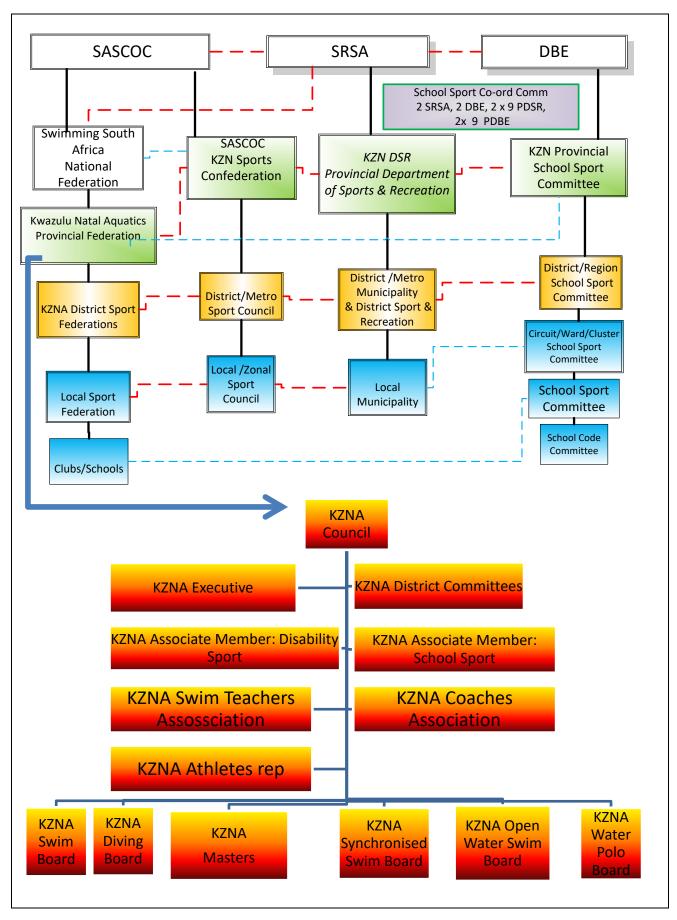
Figure 6, shows the organisational structure of the various sports bodies in South Africa, and provides an indication of the relationship between KZNA, Swimming South, SRSA and KZNDSR. Swimming South Africa is the national federation responsible for aquatics in South Africa and reports to SASCOC and SRSA.

KZNA is affiliated to SSA and provincially reports to KZN DSR and the provincial equivalent of SASCOC, KZN Sports Confederation. KZNA works very close with the provincial Department of Education, DoE, and provides technical input, training and strategic direction to the development of the sport in schools.

KZNA is managed by the KZNA Council, which includes the KZNA executive members, district chairpersons, discipline chairs representing swimming, water polo, Synchro, diving, open water swimming and masters swimming. School Aquatics and Disabled Swimming are also represented in the council as associate members with full voting rights.

Coaches and athletes commissions are in the process of being established and will also be represented at council level.

Figure 6: Sports Organisational Structures in RSA showing location of Kwazul Natal Aquatics



Overall Goal of Strategic Plan

To achieve the Mission of KZN Aquatics through the implementation of appropriately funded programmes of athletic, technical and capacity development and organisational infrastructure

Specific Aims

These aims are located within the three pillars of the NSRP outlined above.

Aim within the "Active Nation" Pillar

1. To increase mass participation through strengthening school based programmes and district and club level activities with a special focus on disabled youth;

Aims within the "Winning Nation" Pillar

- 2. To identify talent, fast track and strengthen junior elite athletes in all aquatic disciplines;
- 3. To strengthen high performance programmes in all aquatic disciplines

Aims within the "Enabling Environment" Pillar

- 4. To establish a strong district based structure with a well-established and financially secure provincial organisation.
- 5. To develop coaching, technical officiating and administrative capacity in aquatics

Strategic Objectives to achieve Aims within the "Active Nation" Pillar

The specific aims within the Active Nation pillar includes increasing mass participation through strengthening school based programmes and district and club level activities with a special focus on disabled youth, will be achieved through three Strategic Objectives:

- Strategic Objective 1: To improve the health and well-being of the province by providing mass participation opportunities through active aquatic recreation.
- Strategic Objective 2: To maximise access to aquatic sport and recreation in every school in KwaZulu-Natal.
- Strategic Objective 3: To promote participation in aquatic sport and recreation by initiating and implementing targeted campaigns.
- Education and Training

Strategic Objective 1: Recreation

To improve the health and well-being of the province by providing mass participation opportunities through active aquatic recreation.

Outputs and Activities

| Outputs a | nd Activities | | | |
|---|--|---|----------|--------|
| Output | K | Delivery | Timeline | Budget |
| | е | Partners | | |
| Municipality based mass participation programme | Encourage district structures to engage with municipalities to organise mass based aquatic programmes, including learn-to-swim; festival recreational events (e.g. | Municipalities KZN DSR KZN DoE DISTRICTS | | |
| Programmes for adults, especially senior citizens | Develop adult based learn-to-swim activities in oach district Organise masters swimming festivals in each district | DISTRICTS MASTERS | 03/2019 | |
| Programmes for marginalised communities | Engage with the private sector to develop targeted programmes with marginalised communities (rural, disabled, senior citizens, women etc) | KZNA Marketing Umgeni Water Mr. Price Aquelle Ola Speedo MONDI SOUTH 32 SAPPI HOLLYWOOD BETS LOTTO COLGATE PALMOLIVE DISCOVERY BONITAS | Claudine | |
| Adult Mass Participation | Develop strategic sporting partnership with Masters Swimming and other related organizations that enhances the growth of our sport and athletic experience of all masters swimmers | OWS - ?? Health Awareness Midlife Crisis Durban Underwater Club e.g. Cape Long Distance Masters Swimming is affiliated to KZNA – start integrating them with KZNA – ex coaches – how do use them as coaches, mentors | Marc | |

- 1. At least 80% of school pools to form club-school partnerships throughout the province, bringing in at least ??? schools with minimal prior swimming experience/skill, introducing at least 1000 schoolchildren to the sport
- 2. Each District to provide a list of schools with swimming pools in their district and give us a target of possible new partnerships by 22/5/2022
- 3. LTS Council to release more pools and invoice KZNA with schools around the municipal pool no budget yet, must put a proposal together

Strategic Objective 2: School Sport

To maximise access to aquatic sport and recreation in every **school** with a Pool in KwaZulu-Natal.

Outputs and Activities

| Outputs a | Outputs and Activities | | | | | | |
|--------------------------------------|---|----------------------------------|---|--------|--|--|--|
| Output | Key Activities | Delivery Partners | Timeline | Budget | | | |
| District school aquatic | Integrate District District Schools Structures | KZN DBE KZN DSR KZN SC | 12/2019 | | | | |
| structures | Audit the existence and functioning of districts. | KZN DBE KZN DSR KZN SC | 12/2019 | | | | |
| | Strengthening administrative and organisational capacity within districts | KZN DBE KZN DSR | 12/2019 – on-going | | | | |
| District Aquatic competition | Organisation of inter-school galas at district level | District Structure DBE/DSR | ongoing | | | | |
| | Make School Relay League a Schools Swimming League – run thru the districts | KZN DBE KZN DSR | Ongoing | | | | |
| Provincial Aquatic competition | Organisation of provincial trials?? | KZN DBE KZN DSR | Ongoing | | | | |
| National Schools Competition | Ensure the participation of a KZN team in the national schools championships | KZN DBE KZN DSR | Ongoing | | | | |
| School Mass participation | Strengthen club-school programme to increase levels of water-safety among pupils and to encourage participation in aquatic sport. Must get approval from DoE who need stats | KZN DBE KZN DSR | On-going | 50 000 | | | |
| Focus School Programme | Identify focus schools for aquatics, engage with school to jointly develop advanced competitive programmes with resource investment and monitoring | KZN DSR | 12/2018 Completed but difficult to administer | | | | |

- 4. All aquatic schools district structures to be established by end 2019
- An audit of those already established and functioning will take place by end 2020.
- 5. Jointly with DBE, attempts will be made to strengthen these structures
- 6. The federation district structure will provide support for the organising of district level interschool galas in a minimum of 8 districts
- 7. The provincial trials will be held in February/March in preparation for the National Schools' Championships
- 8. At least 10 clubs will form club-school partnerships throughout the province, bringing in at least 50 schools with minimal prior swimming experience/skill, introducing at least 1000 schoolchildren to the sport
- 9. Four focus schools identified, Memoranda of Understanding signed
- 10. Database of Learn to Swim Schools In Province
- 11. Database of Learn to Swim kids and their rate of progression
- 12. Advert targeting Schools highlighting requirement for Learn to School Teachers to be registered

Strategic Objective 3: Targeted Campaigns

To promote participation in aquatic sport and recreation by initiating and implementing Targeted Campaigns

Outputs and Activities

| Outputs ar | nd Activities | | | |
|--|--|--|--------------------|--------|
| Output | Key Activities | Delivery Partners | Timeline | Budget |
| Programmes among disabled youth | Schools catering for children with special needs will be identified and aquatic programmes introduced at these schools | KZN DSR Thuthukani Look at St Martin de Porres – application for funding Arthur Blaxall School for the Blind Child and Youth Care Centres with Pools St Monicas VN Naik School for th Deaf | | |
| | Ensure that all levels of competition (district and provincial) caters for disabled youth at all times. Two separate galas Organise district level disability aquatic | Coaches Commission DISSA | 12/2020 12/2020 | |
| | competitions | | | |
| Aquatics for Asthma | Commence a campaign promoting the beneficial effects of aquatic sport for persons with asthma, culminating on World Asthma Day (01/05/2016) | National Asthma Education Programme | 2/2020 | |
| Water safety and Festive at Christmas | Municipal based water safety campaigns to culminate in Christmas time water safety festivals | DISTRICTS KZNDSR LOCAL GOVT | On- going | |
| Programmes for adults, especially | Develop adult based learn-to-swim activities in each district | | 3/2020 | |
| senior citizens | Organise masters swimming festivals in each district | | 3/2020 | |
| Programmes for marginalised communities | Engage with the private sector to develop targeted programmes with marginalised communities (rural, disabled, senior citizens, women etc) | | 3/2020 | |

- 1. Engage with at least 4 municipalities and district structures to implement a mass based youth learn-to-swim programme, culminating in an Aquatics Festival during the Christmas season
- 2. Commence learn-to-swim programmes at four schools catering for children with disability, in at least three different districts in the province

- 3. All KZNA Swim Competitions, particularly at Level 1 will include events for athletes with disability
- 4. Look at the Autistic School in Richards Bay
- 5. A minimum of one-inter district competition dedicated competitions per year for disabled athletes
- 6. Each district will develop adult based learn-to-swim programmes
- 7. At least four districts will organise masters swimming festivals, which provides for recreational swimming, social interaction
- 8. At least two programmes targeting marginalised communities funded by the private sector will be implemented in two different districts
- 9. Increase number of swimmers in Dis-abled Fast Tracking at KP
- 10. Target VN Naik, Golden Hours, Inanda, Port Shepstone and Richards Bay

Strategic Objectives to achieve Aims within the "Winning Nation" Pillar

The specific aims within the "Winning Nation" pillar, which includes identifying talent, fast tracking and strengthening junior elite athletes; and strengthening high performance programmes in all aquatic disciplines, consists of five strategic objectives

- Strategic objective 4: To identify and develop talented athletes through the implementation of a structured system in all aquatic disciplines.
- Strategic objective 5: To improve the performances of athletes and coaches by providing them with access to a comprehensive range of support programmes.
- Strategic objective 6: To develop talented athletes by providing them with opportunities to participate and excel in domestic and international competitions.
- Strategic objective 7: To implement a special project intended to identify, fast-track and prepare young athletes in the 11-14 year age group to ensure a substantial representation of KZN athletes in the 2026 and 2030 Commonwealth Games

Strategic Objective 4 – Talent ID

To identify and develop talented athletes through the implementation of a structured system in all aquatic disciplines.

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeli ne | Budget |
|-------------------------------|---|--|--------------|--------|
| Talent Identification | Each aquatic discipline with develop a Talent Identification Programme, each with a set of identification criteria, a purposeful focus on targeting disadvantaged and marginalised communities, a system of identification and a programme of retention and progression | Coaches and High Performance | 12/201 9 | |
| Fast Tracking Programme | Each aquatic discipline to develop a programme and methods to fast track talented athletes to achieve ability to participate in junior level national competitions | Process to be discussed with coaches and respond to KZNA Executive with proposal | 12/201 9 | |
| Tracking System | Each discipline will develop a system of tracking identified talented athletes, monitoring their progress, determining their talent development needs and recognising their deviation from expected progression paths | Linked to above | 12/201 9 | |

- 1. The formal Talent Identification Programmes for OWS, swimming, diving, synchronised swimming and water polo will be completed by 30/6/2022
- 2. Talented athletes will be identified
- 3. The Fast Tracking Programme of the above disciplines will be implemented, with an identified fast tracking coach
- 4. An Executive Member will be tasked with monitoring the Talent Identification and Fast Tracking System

Strategic Objective 5 – Athlete and Coach Support

To improve the performances of elite and junior elite athletes and their coaches by providing them with access to a comprehensive range of support programmes.

Outputs and Activities

| | id Addivides | | | |
|---|---|--|--------------------|--------|
| Output | Key Activities | Delivery Partners | Timeline | Budget |
| Junior Elite Programme | Identify a squad of junior athletes performing at national standards for focused programmes of training. Focus is on upskilling training. Don't want to create unrealistic expectations | 4 training camps ?? | | |
| | Track performances of Squad to determine progress and deviation from expected progression | 4 training camps ?? | | |
| | To provide squad with access to additional resources to ensure that they are able to derive maximum benefit from training | | 2018 – on-going | |
| Disadvantaged Coach Support | Contract coaches from disadvantaged communities who are producing swimmers at national qualifying times | KZN DSR | 2018 | |
| Scientific and Medical Support Programme | To enrol junior elite squad and elite national swimmers in a scientific, medical and health programme | KZN DSR Prime Human Performance | 2018 – on-going | |

- 1. Minimum of 10 Clubs one per swimmers What about SSA Identified squads? Minimum of 10 swimmers under the age of 20 selected into the programme
- 2. A programme co-ordinator is identified to manage the programme and track the athletes
- 3. 8 coaches from disadvantaged communities into the coaching advancement programme.
- 4. Prime Human Performance is engaged to support the elite athletes in the province
- 5. Introduce pool based testing for VO₂ max and endurance with Prime Sports Scientist
- 6. Introduce Underwater Videos for Starts and Turns

Strategic Objective 6 – Domestic Competitions Covered by Coaches and Technical Committee

To develop talented athletes by providing them with opportunities to participate and excel in domestic competitions

Outputs and Activities

| Outputs and Activities | | | | | |
|-------------------------------|--|--------------------------|------------------------|--------|--|
| Output | Key Activities | Delivery Partners | Timelin e | Budget | |
| Domestic Competitions | Organise Level 1 and Age Group Competitions | Municipality Sponsors | on- going | | |
| | Organise high level national competitions attracting the best South Africans and where possible, international athletes, in KZN or | SSA KZN DSR | on- going | | |
| | To send our athletes to national level competitions | SSA | | | |
| International Competitions | To send our top performing athletes to international competitions under the auspices of Swimming South Africa | SSA KZN DSR SASCOC | on- going | | |
| | To send our elite athletes on international tours outside those of the national teams | SSA KZN DSR SASCOC | 2022 – on- going | | |

- 1. Level 1 galas organised in at least 7 districts at least 4 times over the season
- 2. Age Group competitions for Level 1 and above organised at a provincial level at least 10 times per season
- 3. Senior Nationals in KZN in Olympic Cycle year
- 4. SSA Regional competitions will be organised once per season (either L1, L2 or L3)
- 5. All elite athletes participate in all out of province competitions each season
- 6. During the current period at least one out of province/country tour will be organised for our elite swimmers

Strategic Objective 7 – International Competitions

To implement a special project intended to identify, fast-track and prepare young athletes in the 11-14 year age group to ensure a substantial representation of KZN athletes in the 2022 Durban Commonwealth Game

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|-----------------------------|---|--|-----------------------|--------|
| Common Wealth Project | To select a squad of athletes in the 11-14 age group that will be enrolled into a focused programme Criteria to be finalised and squad selected | KZN DSR | 30/6/2022 on-going | |
| Squad | Track performances of Squad to determine progress and deviation from expected progression | KZN DSR | 30/6/2022 on-going | |
| | To provide squad with access to additional resources to ensure that they are able to derive maximum benefit from training | KZN DSR Sports Academy Prime Human Performanc | 30/6/2022 on-going | |

Performance Indicators

- 1. Squad of 20 youngsters are selected for the Squad, under the management and co-ordination of a Squad Coach, and placed into a focused programme
- 2. Squad engages with Prime Human Performance
- 3. Progress of squad monitored and reported to the Executive and DSR.
- 4. 60% Bias to women, disadvantaged
- 5. Brand squad and get parent buy-in

Strategic Objectives to achieve Aims within the "Enabling Environment" Pillar

The specific aims within the "Enabling Environment" pillar, which includes establishing a strong district based structure with a well-established and financially secure provincial organisation and developing coaching, technical officiating and administrative capacity in aquatics, will be achieved through a series of strategic objectives:

- 1. To ensure adequate facilities are available for the promotion of aquatics
- 2. To provide formal aquatic participation opportunities through an integrated and sustainable club structure.
- 3. To provide athletes with a forum to address their needs;
- 4. To establish and empower a Coaches' Council;
- 5. To support and empower aquatic administrators and technical officials.
- 6. To empower the aquatics human resource base through the provision of accredited education and training
- 7. To develop a strong Volunteer Corp to support the aquatics programmes
- 8. To secure and efficiently manage financial resources to optimally support aquatic sport and recreation.
- 9. To capitalize on the impact that electronic broadcasting, print media and sponsorship have on the development of aquatic sport.

Strategic Objective 8 - Facilities

To ensure adequate facilities are available for the promotion of aquatics

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|-------------------------------------|---|-------------------------------------|---------------|-----------|
| Facilities audit and tracking | Conduct and verify aquatic facility audits in KZNA. These audits must include municipal, private and school based facilities and produce a clear analysis of needs. | KZN DSR KZN DOE KZN SC | 30/6/202 2 | completed |
| | Establish a GIS detailing the location of all sport and recreation facilities. | KZN DSR KZN DOE | 12/2020 | R20,000 |
| | Maintain Aquatics Facilities Database. | Municipalities | On-going | |
| New Facilities | Lobby for a prototype plan/standard for school pools-multi-coded sports facilities so that they have sporting facilities | KZN DBE KZN DSR KZN SC | On-going | |
| | Engage stakeholders in the planning and construction of new facilities. Plans to include spatial planning considerations; heating (all weather usage); meeting international competition specifications etc | Municipalities KZN DSR KZN SC | On-going | |
| | Ensure provision for meeting rooms and basic club offices to promote good governance when building sport facilities | Municipalities KZN DSR | on-going | |
| Existing facilities | Engage stakeholders to systematically improve existing facilities, particularly those at which competitive aquatic clubs are based | Municipalities KZN DSR | On-going | |
| | Planned roll-out of improving existing facilities at which clubs are based to include the following: Heating Club Meeting Room Club Gym Room | Municipalities KZN DSR | on-going | |

- A provincial aquatic facilities audit is completed, with a GIS infrastructure established
- 4 annual stakeholders engagements on the development of new facilities
- 3 meetings with municipalities on the improvement of existing facilities focus on Northern Districts

Strategic Objective 9 – Governance of District and Club Structures

To provide formal sport participation opportunities through an integrated and sustainable district/club structure.

Disputes – Districts not getting support from clubs

Lines of communication

KCD, iLembe, Amjuba

Way people speak to each other

Outputs and Activities

| | uts and Activities | | | |
|------------------|---|-------------------------|----------|--------|
| Output | Key Activities | Delivery Partners | Timeline | Budget |
| Affiliated clubs | Develop a club support system with expertise regarding club governance and develop standardized documents. | KZN DSR | 03/2019 | |
| | Formulate marketing initiatives to encourage the sponsorship of clubs. | KZN DSR | 12/2019 | |
| | Encourage clubs to adopt the nearest schools. | KZN DSR | 12/2019 | |
| | Encourage businesses and parastatals to adopt clubs. | KZN DSR | 12/2019 | |
| | Lobby the Department of Transport to assist with the transport needs of sports people. | KZN DSR | 12/2018 | |
| | Provide education and training programmes for coaching, administrator and technical official development within clubs | KZN DSR | On-going | |
| | Ensure access to appropriate facilities | KZN DSR | On-going | |
| | Ensure access to competition | KZN DSR | On-going | |
| New Clubs | District structures to engage with local communities to establish new clubs | KZN DSR Municipaliti | 12/2019 | |
| | Provide training programmes to empower community development | KZN DSR | 12/2019 | |
| | Ensure membership accessibility to district structures | KZN DSR | on-going | |

- 1. A club support system is established
- 2. A marketing and sponsorship plan is developed for clubs
- 3. A club-school adoption programme is implemented with at least 10 clubs in at least 5 districts
- 4. A proposal is tabled to the Department of Transport
- 5. At least 20 clubs have representatives trained in coaching, administration and technical workshops
- 6. A club-facility audit will be concluded
- 7. Evaluation of club participation in competitions will be concluded
- 8. All districts to commence engagement with at least one community to commence the establishment of a new club
- 9. Membership needs of new clubs will be established, and where possible attended to
- 10. Community members who form the leadership of new clubs will undergo capacity training

Strategic Objective 10 –Athletes Commission – need to relook at the constitution of the commission

To provide athletes with a forum to address their needs

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|---------------------------------|---|----------------------|--|--------|
| Aquatic Athletes' Council | Ensure that a vibrant, well represented and duly constituted Aquatic Athletes Council is in place. | KZN SC | 03/2019 Rep appointed – need an plan for next year | |
| | Implement specific programmes aimed at addressing the needs of athletes. This could include providing athletes with mentorship, scientific education and support, career opportunities and life-long learning. Investigate the feasibility of an athlete's medical scheme and a bursary fund for talented athletes. | KZN DSR KZN SC | 12/2020 | |
| Post-sports career plan | Assess the welfare of amateur athletes especially after reaching their sporting "peak". Investigate the retirement plans and active involvement of sportspersons, coaches, officials, and administrators implemented elsewhere. | KZN DSR KZN DHE | 12/2021 | |

- 1. A provincial Aquatic Athletes' Council is established
- 2. Engagement with KZN DSR on long term planning of athletes' careers is commenced
- 3. Engagement with KZN DSR and KZN DHE on post sport career planning is commenced

Strategic Objective 11 Coaches CommissionTo establish and empower a Coaches' Council;

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|-----------------------------------|---|----------------------|---------------------------|--------|
| An Aquatic Coaches' Council | Establish a database of coaches | | 12/2019 | |
| | Determine coaches' competitive and career needs | | 12/2020 | |
| Coaching Development | Conduct education and training programmes for coaches at different competitive levels | KZN DSR | 12/2019 - on- going | |
| | Increase the marketability of aquatic coaching to attract new coaches to the sport | KZN DSR | 12/2019 | |

- 1. An Aquatic Coaches' Council is established, with a database and needs analysis
- 2. Training programmes are conducted based on need3. Engagement with KZN DSR on marketing coaching as a career is commenced
- 4. Invite Jeff Nkosi to address coaches

Strategic Objective 12 - Administrators and Technical Officials

To support and empower aquatic administrators and technical officials.

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|--|--|----------------------|--|--------|
| Administrators and Technical Officials Society | To strengthen the existing Officials' Society | | on-going | |
| , | To establish a database of administrators and technical officials | | Done | |
| | To implement technical and administrative training programmes | KZN DSR | 2019 – on-going | |
| | To implement initiatives to attract individuals to the technical and administrative aspects of the sport | KZN DSR | On-going Still a major problem with lack of volunteers | |

- 1. Existing Officials' Society provides a proposal on an extended mandate (inclusion of other disciplines, needs etc)
- 2. A database of administrators and technical officials is established
- 3. Training programmes as needed are implemented
- 4. A proposal to KZN DSR on increasing the marketability of Technical Officiating and Administration is submitted
- 5. Target 20 Students form DUT as officials

Strategic Objective 13 - Education and Training

To empower the aquatics human resource base through the provision of accredited education and training

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budg et |
|---|---|----------------------|---|------------|
| Accredited education and training programmes. | Conduct an audit to identify training needs. | CATHSSA KZN DSR | 03/2019 | |
| | Implement training programmes as per needs identified in the areas of learn-to swim instruction, coaching, technical aspects and administration | KZN DSR | 12/2019 - on- going | |
| Accredited Facilitators. | Train Sector Education and Training Authority Accredited facilitators, moderators and assessors. | CATHSSA KZN DSR | Trained 10 – disappointing that only 3 of the ten remain active | |
| | Maintain a database with the details of Accredited facilitators as well as sport administrators trained. | CATHSSA KZN DSR | On-going | |

- 1. An audit is completed
- 2. A schedule of training programmes is completed for each year
- 3. At least 5 accredited facilitators are trained
- 4. A database is established
- 5. Annual meeting with CATHSETA

Strategic Objective 14 - Volunteers
To develop a strong Volunteer Corp to support the aquatics programmes

Outputs and Activities

| - Catpate t | and Addivitios | | | |
|-------------------------------|---|----------------------|--|--------|
| Output | Key Activities | Delivery Partners | Timeline | Budget |
| Aquatics Volunteer Corp | Embark on a volunteer recruitment campaign including volunteer recognition to encourage young people to volunteer at national and international events. | KZNDSR | 12/2020 | |
| | Develop and maintain accredited volunteer training programmes. | CATHSSET A | 03/2020 | |
| | Establish a database of volunteers | | on-going – Need a Parent to champion the volunteer structure | |

- 1. A volunteer recruitment campaign is launched at high schools and tertiary institutions
- 2. A training programme is developed and accredited3. A volunteer database is established

Strategic Objective 15 Financial Management

To secure and efficiently manage financial resources to optimally support aquatic sport and recreation.

Outputs and Activities

| Outputs and Activities | | | | | | |
|--|--|---|--|--------|--|--|
| Output | Key Activities | Delivery Partners | Timeline | Budget | | |
| Funding lobby | Lobby government, SETAs and the private sector to invest/ increase allocations for aquatic sport and recreation. | KZN DSR Treasury SALGA COGTA KZN SC | On-going | | | |
| | Ensure that funding for aquatic facilities is ring- fenced in MIG and other funding resources. | KZN DSR Treasury SALGA COGTA KZN SC | On-going, but not very successful- need to review strategy and develop a campaign through councillors | | | |
| Donor funding | Secure donor funding for sport and recreation development programmes. | KZN DSR Municipalities NLDTF | on-going | | | |
| Private Sector Funding | Secure private sector/corporate funding for specific programmes | Private corporations | On-going | | | |
| Approved Lotto Business Plans | Partner with Clubs, schools and municipalities in applying for LOTTO funding to maximise available funds | Local Govt Clubs Schools | On-going – but needs a driver within the aquatics community to champion this with all districts, clubs | | | |

- 1. On-going engagement with stakeholders on increasing aquatic sport spend
- 2. Submission of proposals to KZN DSR
- 3. Submission of proposals from district structures to their local government sports structures
- 4. No of Lotto funding applications

Strategic Objective 16 Communications Marketing, Broadcasting, Print Media & Sponsorship

To capitalize on the impact that electronic broadcasting, print media and sponsorship have on the development of aquatic sport.

Outputs and Activities

| Outputs | s and Activities | | | |
|--|--|----------------------------------|--|--------|
| Output | Key Activities | Delivery Partners | Timeline | Budget |
| Greater access to and exposure on electronic and print media | Analyse current sports broadcast and media landscape inclusive of impact of media. | KZN DSR Sports Academy | done | |
| | Develop Long term marketing plans. Commercialisation strategies (sponsorship rights packaging / TV rights and event management). Contractual / legal guidance. Research to help KZNA make a case for and the position of aquatics. | KZN SC Media Houses SSA | done | |
| Media Liaison | Appoint a junior intern with media and marketing training to facilitate liaison for aquatics | DUT | done | |
| Marketing to promote the importance | Develop and implement a Brand strategy to reflect the new direction of KZNA | Executive | 12/2020 | |
| of swimming | Develop a comprehensive Communications strategy that aligns with the strategic direction of KZNA | Executive | done | |
| | Build and promote a social media capability to maximise opportunities to engage with current and future generations | Executive | done | |
| | Establish partnerships with major media outlets in KZN | Executive | On-going | |
| | Recognise and promote the history of KZNA emphasizing achievements and success of KZNA champions and members | Executive | 12/2021 | |
| | Engage and promote KZNA Alumni to maximise the visibility of swimming in KZN | Executive | On-going – need a champion to drive this chapter | |
| | Advocate the health benefits of life long participation in swimming | Executive | 2020 | |
| | Develop mass participation event/s to promote and market swimming in KZN | | 2020 | |

Performance Indicators

1. Annual Sports broadcast and print media analysis undertaken

- 2. Develop a marketing and commercialisation strategy
- 3. Media intern appointed
- 4. Brand strategy launched
- 5. Communications strategy developed
- 6. Social media capability developed
- 7. 75% of KZNA Clubs incorporate Social Media in their member communications
- 8. Partnership with at least one major media outlets established
- 9. 80% of KZNA Clubs have a media contact by 2018
- 10. Major KZNA events attract media coverage pre and post event
- 11. History of KZNA documented and archived
- 12. KZNA Alumni established
- 13. KZNA develops an influential corporate network utilising KZNA Alumni
- 14. KZNA Alumni involved in four (4) programmes and two (2) KZNA events
- 15. Health benefits brochure developed
- 16. Annual mass participation marketing event/s undertaken

Transversal issues of the NSRP as applied to Aquatic Sport

Five transversal issues which permeate every building block of the NSRP and that are considered non-negotiable imperatives comprise the following five strategic objectives: Three are deemed to be relevant for aquatics at this stage and are underlined below

- Transformation;
- Priority Codes;
- Ethical Environment;
- Geo-political Sport Boundaries; and
- Amateur versus professional sport.

The following issues are pertinent as they transverse the entire NSRP. They are at the forefront when campaigning for an active nation and also when supporting a winning nation. They also permeate each and every building block of the enabling environment. In terms of the NSRP they can be considered non-negotiable imperatives.

Transformation

Strategic objective 17 Transformation

To ensure that equal opportunities exist for all South Africans to participate and excel in aquatic sport and recreation through the adoption of deliberate transformation initiatives.

Outputs and Activities

| Outputs and Activities | | | | | |
|------------------------|---|----------------------|--|--------|--|
| Output | Key Activities | Delivery Partners | Timeline | Budget | |
| Transformation Charter | Implement the Transformation Charter. | KZN SC | 12/2020 | | |
| | Ensure that all sub-structures complete the Transformation Scorecard. | KZN SC | done | | |
| | Gather findings of other transformation research commissioned by public and private institutions. | KZN DSR KZN SC | done | | |
| | Produce an audit report on transformation to define current provincial and local level status so as to allow focused interventions. The audit should also address previous transformation initiatives and highlight failures and best-practice. | KZN DSR KZN SC | Done – but finding is that it will need major cash injection for operation and capital | | |
| | Sign agreement with KZN SC and KZN DSR on Transformation | KZN DSR KZN SC | Done at national level | | |
| | Ensure that there is adequate monitoring and evaluation of the Transformation Charter annually by KZN SC. | KZN SC | Done – but needs dedicated person to update | | |

Performance Indicators

At least 60% of the dimensions of the Transformation score card successfully implemented and monitored.

Code of Ethics and Conduct

The Code of Ethics and Conduct indicates the standard of behaviour expected of a member of an association. It is a formal statement of the values and ethical standards that guide individuals in sport. It is a set of principles, and norms to which sporting people can be held accountable when representing South Africa at any sporting event. This can also be used as a point of reference when dealing with disciplinary procedures against members.

Strategic Objective 18 Code of Ethics

To review existing and finalise revised Code of Ethics and Conduct

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|----------------------------------|--|------------------------|----------|--------|
| Code of Ethics and Conduct | Review existing Code | Athletes Commission | 12/2018 | |
| | Establish process of engagement for revision of Code | | 03/2016 | |
| | Adopt revised Code | | 05/2016 | |
| | Ensure all members understand, accept and sign Code on renewal of membership | | 05/2016 | |

Performance Indicators

- 1. Code of Ethics and Conduct reviewed by structures and membership
- 2. Revised Code adopted by membership

Geo-Political Boundaries

Strategic Objective 19 Geo-Political Boundaries

To contribute to improved governance in sport through an alignment of the boundaries of provincial sport federations and district structures with geo-political boundaries

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeline | Budget |
|--|---|----------------------|-----------------------|--------|
| Re-alignment of structures | Finalisation of constitutional revision in keeping with mandate | KZNSC | 07/2015 | |
| according to provincial political boundaries | Election of new leadership reflective of new provincial structure | KZNSC | 10/2015 | |
| Establishment of District structures according to geo-political boundaries | Finalise two outstanding district structures (uMkhanyakude, Harry Gwala), | KZNSC | 12/2015 | |
| | Audit the existence and functioning of districts. | KZNDSR KZN SC | 12/2015 | |
| | Strengthening administrative and organisational capacity within districts | KZNDSR KZN SC | 12/2015 - on-going | |

- 1. Finalisation of constitution
- 2. Election of new leadership
- 3. Establishment of districts
- 4. Nine districts have already been established. The task is to ensure the establishment of the remaining two district structures by the end of 2018
- 5. The existing nine districts will be audited to assess their level of functionality.
- 6. All districts will be provided with the basic infrastructure to function. This includes access to an office within the KZN DSR District Offices, an administrative intern located at this office, computer with a data package, telephone access.
- 7. District officials and administrators will undergo basic administrative training courses

Sport as a Tool: Sport and National Government Priorities

To use sport as a tool to support and achieve a diverse range of national and global priorities the following strategic objectives is emphasised:

Strategic Objective 20 Government Priorities

To capitalize on the numerous benefits derived from participating in sport and recreation as a mechanism towards achieving and supporting the priorities of National Government.

| Priority | NSRP emphasis |
|---|---|
| Education | The NSRP places emphasis on school sport and the need for greater alignment between local government, federations, and schools. Early experience of sport, particularly in schools is crucial in winning hearts and minds. The NSRP recognises that the promotion of sport and physical education at schools plays an important role in creating motivation for, and commitment to lifelong participation. People who exercise regularly in their youth are more likely to resume exercise in later years. The school sport programmes envisaged in the NSRP can motivate children to enrol in and attend school and can help improve academic achievement. Sport presents the child at school with life skills in a way unsurpassed by any other activity. |
| Health | The NSRP emphasizes the health benefits of an active nation. Within the NSRP there is a special focus on the youth with the understanding that increased physical fitness can improve children's resistance to some diseases and that sport can help reduce the rate of higher-risk adolescent pregnancies. There are substantial savings to the economy from the health gains associated with increased levels of physical activity in the |
| The fight against crime and corruption | The expression 'a child in sport is a child out of court' has special relevance in this regard. The NSRP provides for participation opportunities as an alternative to taking drugs and pursuing antisocial activities. Violence is often the result of deep-seated frustration and idleness. Such frustration can easily be redirected through the sport, and this is a key focus of the NSRP. |
| Decent work and sustainable livelihoods. | Skills through education and training programmes that could assist them with securing jobs. Convert volunteer positions into more sustainable employment opportunities; Implement an athlete's vocational programme; Establish bursaries and scholarships in sport and recreation and to encourage entrepreneurship in the sport and recreation sector. Involvement of legends and retired sports people will be harnessed to elevate this cause. Seasonal employment, volunteer opportunities and other sectors impacted on through sport related activities and events (e.g.: security; manufacturing etc) also need to be factored in when calculating the value of sport as a tool for providing employment. |

Performance indicators:

Number of initiatives using sport as a tool to contribute towards national priorities.

Good Corporate Governance

The King III Report applies to all entities and it is therefore important that KZN Aquatics embraces the King III principles of good corporate governance. The importance of the concepts of integrated sustainability and social transformation is also highlighted. The concept of sustainability is linked with the evaluation of ethics and the improvement of ethical standards in business and in the community.

The King III Report places great emphasis on:

- · Leadership;
- · Sustainability; and
- · Corporate Citizenship.

Strategic Objective 21 Corporate Governance

Ensure that sound governance practices are adhered to in the day to day activities of all roleplayers in the sports sector.

Outputs and Activities

| Output | Key Activities | Delivery Partners | Timeli ne | Budget |
|----------------------------------|---|--|--------------|--------|
| Sound Governance Practices | Implement financial policies and practices that allow the best financial ROI and ensure optimal transparency and accountability. | Independent auditors | On- going | |
| | Adopt best business practices to allow optimal organizational effectiveness | Target more CEO / CFO/ Board members from corporate organisations to share their skills, especially in finance and marketing | | |
| Professional Management | Be strategic in financial management practices to optimize podium performances and sustained athlete development | On-going | | |
| | Implement a HR strategy that stimulates people's professional growth and ignites performance in our staff team by recruiting, training, retaining and holding accountable the very best staff contractors and volunteers. | Internal training and capacity building is on-going | | |

Performance Indicators

- 1. Required documents in place and implemented accordingly (constitution, rules and regulations, selection policy, strategic and business plans)
- 2. Election held in terms of own Constitution.
- 3. Compliance with anti-doping regulations.
- 4. Inputs made in realising the National Sport and Recreation Plan.
- 5. Achievement of objectives against strategic and business plans.
- 6. Marketing plan in place.
- 7. Number of years that unqualified financial statements were received.
- 8. National junior and senior championships hosted.
- 9. Annual/President's Report approved at AGM.

Appendix 1: List of Swimming Pools per District

See updated Excel database

| References | |
|------------|--|
| i Stats SA | |