

# **KWAZULU-NATAL AQUATICS**

(AFFILIATED TO SWIMMING SOUTH AFRICA)

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# **SSA REGIONAL CHAMPIONSHIPS 2022**

#### KZNA dates and rules for the following Regional Level Championships 2022

- KZNA Regional Level 1
- SSA KZN Regional Level 2
- SSA KZN Regional Level 3
- > SSA KZNA Regional Senior & Junior

5<sup>th</sup> and 6<sup>th</sup> March 2022 11<sup>th</sup> till 13<sup>th</sup> March 2022 17<sup>th</sup> till 20<sup>th</sup> March 2022 30<sup>th</sup> March till 3 April 2022

## General Competition Rules for all Regional Events.

- 1. FINA Technical Rules will apply.
- 2. 2022 SSA Regional Swimming Competition Rules will apply.
- 3. ONLY SSA and KZN registered swimmers may enter.
- 4. Only Official Recorded times on SSA and KZNA data base as from 1 May 2021 will be accepted.
- 5. No Swimmer may enter on a NO TIME.
- 6. The age of the swimmer will be determined by the swimmers age on the first day of competition.
- 7. <u>Please take note of specific rules for each level of competition</u>
- 8. In case of a dispute the referee's decision will be final.
- 9. Only **SSA REGISTERED COACHES** will be allowed on pool deck.
- 10. Managers must be registered with SSA and KZNA.
- 11.TD and Referee have the power to remove from Pool Deck any person that is not an accredited coach. Parents are not permitted on pool deck.
- 12. COVID protocols will be enforced.
- 13. No Spectators will be allowed until all Officials and COVID requirements have been met.
- 14. Coach or Manager to be present at the warm-up and they are to ensure the following rules apply,
  - > No diving from the starting blocks, feet first entry only.
  - > All lanes can be used for general warm up.
  - During the Last 20 Minutes of warm-up Lanes 0 and 9 can be used to practice starts; The Referee may open more lanes for diving if necessary.
  - > Exit pool at stairs and not over the touch pads.
  - Coaches and Managers to ensure that the outside pool is used as a warm down pool and not a recreational pool.
  - > The Referee may designate a lane for DISSA swimmers at their discretion

- Please instruct parents that the outside pool is for swimmers only and if this is abused by non-entry swimmers a total ban will be enforced.
- Diving boards are out of bounds and swimmers will be evicted from the pool area if they are caught jumping from the diving boards.
- 15. Technical Officials as per 2022 National/Regional swimming Competition Rules.
  - a. OFFICIALS Judges, COC, Time-Keepers and Officials Volunteering to assist the LOC with COVID related functions, must be registered with SSA/KZNA.
  - b. Time Keepers must have completed the Level 1 Timekeeping Course.
  - c. Officials are required to be dressed in white shirts and navy (dark) pants for both sessions.
  - d. If a swimmer is expected to make the Finals, please allocate the related official to the Finals session
  - e. Officials requirements per number of swimmers
    - 1-3 1 x timekeeper
    - 4 10 2 x timekeeper
    - 11 20 3 x timekeepers
    - 21 30 2 x timekeepers 1 x Judge
    - 31 40 2 x timekeepers 2 x Judges
    - 41 + 2 x timekeepers 3 x Judges

#### 16. Withdrawals, Scratching and Objections.

- a. Only the accredited Team Manager or Coach of a Club may withdraw or late enter competitors, lodge a complaint, protest or an objection.
- b. Withdrawals done at Managers Meeting will be at No Charge.
- c. Scratchings from first session events must be handed in at the Managers Meeting.
- d. Scratchings from the Finals must be done 20 minutes after the last heat has been swum.
- e. Scratchings from Timed Finals and DISSA events must be done before 07h30 on the day or the day preceding the event whether in the fast or slow heat.
- f. Scratchings outside of the time limit will be fined R200 per event.
- g. A "No show" for heats will be fined R100 per event; A "No show" for Finals will be fined R300 per event a. Doctor's note must be submitted for a NO Show that is due to medical reasons; in this instance no fine will be levied
- h. Swimmers will not be allowed to compete in any event until the fine is paid.

17. FINALS: All first and second reserves are required to report for finals.

- Reserves will be checked by marshals at finals and those that are not present shall be liable for an R100.00 fine.
- **Please note** that once the COC has closed the marshalling for an event and put in a reserve, then finalists reporting late for said event will not be put back in.

#### 18. Protests are possible:

- a. If the rules of the Championship have not been observed. •
- b. If conditions endanger the competitors or spectators. •
- c. Lodged against the decision of the Referee. •
- d. No protest may be lodged against decision of fact.
- e. Protests must be submitted in writing to the referee by the Team Manager together with a deposit of R300 within 30 minutes following the conclusion of the event.

## KZN Aquatics Level 1 Championships

- All Districts must submit their venue, gala times and Flyer to Swimboard by Thursday 17<sup>th</sup> February.
- Flyer must include the below rules,
- District Level 1 Event Programme must be submitted to Hennie Bezuidenhout for approval by Thursday 17<sup>th</sup> February.
- SSA scheduled date: Saturday 5<sup>th</sup> March. One or Two days as required.
- > 2022 SSA Regional Swimming Competition Rules will apply
- > This level of competition will be held at district level.
- > Each District to forward their respective flyer for distribution.
- Event Schedule to be signed off and Meet Manager to be sent to Hennie for authorization.
- > Ribbons will be provided by KZNA to districts that hold a KZNA sanctioned gala.
- A swimmer may not enter this level if a level 2 or higher qualifying time has been achieved.
- > All events are timed finals.
- Only registered School Swimmers on the SSA data base under code SS and have times on the data base will be allowed to participate.
- Swimmers that achieve a Level 2 QT may enter the SSA Regional Level 2 Championships on the 11<sup>th</sup> March 2022, to be held at Kings Park.
- School Registered swimmers must be up graded to a Competitive swimmer to enter the Level 2 Championships.
- > Swimmers may only compete in their own age group.
- The organisers or referee shall have the right to alter or consolidate heats, as they deem fit.
- > ENTRY FEE:
  - > Individual events: R20.00 per event plus R10.00 Levy per event.
  - Relays R30.00 plus R10.00 Levy
- > Entry Closing Date: 23<sup>rd</sup> February 2022.
- > Proof of payment to be submitted with the entries.
- > Officials and COVID Volunteer list must be submitted with the entries.
- > IF Proof of Payment and Officials List is not attached, entries will not be captured
- > Districts to forward flyer to all district clubs.
- > The following age groups.
  - ➤ 10U, 11, 12, 13, 14, 15 & 16, 17 to 24
- Relays will be swum in the following age groups:
  - ▶ 12U, 13 and 14, 15 to 24.

## **SSA REGIONAL LEVEL 2**

Date: Managers Meeting: Venues: Friday 11<sup>th</sup> March till Sunday 13<sup>th</sup> March 2022 Friday 11<sup>th</sup> March at **Kings Park:** eThekwini, ILembe, UMDM, Amajuba, UGU, Harry Gwala and UMzinyathi Districts. **Arboretum Richards Bay**. King Cetshwayo District and Zululand

- > 2022 SSA Regional Swimming Competition Rules will apply.
- > Only Registered SSA Swimmers may enter these championships.
- > Swimmer must have a minimum of ONE 200 IM time on SSA Data Base.
- > It is not compulsory for the swimmer to complete in the 200IM event.
- ALL 200m events will be timed finals and all 100m and 50m events Heats and Finals.
- > SSA Medals will be awarded.
  - Kings Park and Arboretum finished times will be collated to determine the top 3 finisher in the Province.
  - Individual: 10U, 11,12, 13, 14, 15-16, 17 to 24
  - Relays: 12&U. 13&14, 15 to 24.
- A swimmer may not enter this level if they have a level 3 or higher qualifying time on the data base.
- Swimmers must have one level 2 QT and may enter all events that they have times on the SSA data base.
- The organisers or referee shall have the right to alter or consolidate heats, as they deem fit.
- > ENTRY FEE:
  - > Individual events: R40.00 per event plus R10.00 Levy per event.
  - Relays R50.00 plus R10.00 Levy
- > Entry Closing Date: 25<sup>th</sup> February 2022
- Entries to be sent to Hennie at <u>bezu@mweb.co.za</u>
- > Proof of payment to be submitted with the entries.
- > Officials and COVID volunteers list to be submitted with the entries.
- > IF Proof of Payment and Officials List is not submitted, entries will not be captured
- **BANKING DETAILS**

#### **KZN Aquatics**

Standard Bank

Account Number: 053074564

Branch Code: 045426

Reference to be used: Club Name and level.

EG: Action Level 2

E-mail entries and proof of payment to <u>bezu@mweb.co.za</u>. with the subject SSA Regional Level 2

## SSA REGIONAL LEVEL 3

Date:	Thursday 17 <sup>th</sup> March till Sunday 20 <sup>th</sup> March 2022
Managers Meeting:	Thursday 17th March
Venue:	Kings Park:

- > 2022 SSA Regional Swimming Competition Rules will apply.
- > All 200m,100m and 50m events will be swum as heats and finals.
- > 400 Free will be swum as a Timed Final.
- > Only Registered SSA Swimmers may enter these championships.
- Swimmer must have a minimum of two 200 or 400 IM time on SSA Data Base.
- Multi-Disability aged 18 and Under that has not got a Multi-Disability senior national time may enter these Championship.
- > No QT for Multi-Disability but must have a time on the data base.
- > Multi-Disability events will be swum in the Finals session
- > It is not compulsory for the swimmer to complete in the 200IM or 400IM events.
- > Medals will be awarded in the following age groups:
  - Individual: 11U, 12, 13, 14, 15-16, 17-24
  - Relays: 13 & under, 14 to 24
  - Multi-Disability 14U, 15 to 18
- A swimmer may not enter this level if they have a Regional Junior/Senior or higher qualifying time on the data base.
- The organisers or referee shall have the right to alter or consolidate heats, as they deem fit.
- Event Schedule as per the 2022 National Swimming Competition Rules programme
- > ENTRY FEE:
  - Individual events: R60.00 per event plus R10.00 Levy per event.
  - Relays R60.00 plus R10.00 Levy
- > Entry Closing Date: 16<sup>th</sup> February 2022
- Entries to be sent to Hennie at <u>bezu@mweb.co.za</u>
- E-mail entries and proof of payment to <u>bezu@mweb.co.za</u>. with the subject SSA Regional Level 3
- > Proof of payment to be submitted with the entries.
- > Officials and COVID volunteers to be submitted with the entries.
- > IF Proof of Payment and Officials List is not submitted, entries will not be captured

#### **KZN Aquatics**

Standard Bank Account Number: 053074564 Branch Code: 045426 Reference to be used: Club Name and level. • EG: Action Level 3

## **SSA Regional Seniors and Juniors**

Date:Wednesday 30th March till Sunday 3rd April 2022Managers Meeting:Wednesday 30th March at 16H00Venue:Kings Park:

- > 2022 SSA Regional Swimming Competition Rules will apply.
- > Only Registered SSA Swimmers may enter these championships.
- THE FOLLOWING PROVINCES/CLUBS MAY OPT TO PARTICAPATE AT THE KZNA REGIONAL SENIORS AND JUNIOR CHAMPIONSHIPS: NORTH WEST, NORTHERN CAPE, FREE STATE, MPUMALANGA AND LIMPOPO
- Entries to be submitted to <u>bezu@mweb.co.za</u>
- > Payments to be made to KZN Aquatics. Details Below
- Proof of payment to be submitted with the entries,
- > IF Proof of Payment is not attached, entries will not be captured
- > Payments made to SSA directly will result in entries will not being captured.
- A swimmer that has a SA Senior or SA Junior National qualifying time may opt to swim at the KZN Regional Senior and Junior Championships.
- > A swimmer may only swim at <u>one</u> of the Senior /Junior Championships.
- Swimmers swimming at a Regional Championships will be removed from the SA Senior and Junior Championships in Gqeberha
- > Swimmer must have a minimum of two 200 or 400 IM time on SSA Data Base.
- > It is not compulsory for the swimmer to complete in the 200IM or 400IM events.
- > Medals will be awarded in the following age groups:
  - Individual: 12U, 13, 14, 15, 16, 17 & 18
  - Relays: 14 & under, 15 & 16, Open
- The organisers or referee shall have the right to alter or consolidate heats, as they deem fit.
- Event Schedule as per the 2022 National Swimming Competition Rules programme
- > ENTRY FEE:
  - > Individual events: R80.00 per event plus R20.00 Levy per event.
  - Relays R90.00 plus R20.00 Levy
- Entry Closing Date: 28<sup>th</sup> February 2022
- Entries to be sent to Hennie at <u>bezu@mweb.co.za</u>
- > Proof of payment to be submitted with the entries.
- > Officials and COVID volunteers to be submitted with the entries.
- If Proof of Payment and the Officials List is not submitted, entries will not be captured.

#### Banking Details:

KZN Aquatics Standard Bank Account Number: 053074564 Branch Code: 045426 Reference to be used: Club Name and level. • EG: Action RSJ

E-mail entries and proof of payment to <u>bezu@mweb.co.za</u>. with the subject SSA Regional Senior/Junior Championships, by the closing date.

Please contact Rodney Du Toit on 0844017428 or swimboard@kznaquatics.co.za. if you have any queries.

**KZN Swim Board**